

## Helpston Preschool Newsletter

Week 20<sup>th</sup>- 24<sup>th</sup> November 2023

### Our adventure at the Playhouse this week...

We have started to create things on our display board, getting prepared for winter. The leaves have been a fantastic resource this week, we have been learning about the different parts, colours, shapes and sizes. The children created some beautiful Autumn crowns using the leaves.

Nursery rhymes have been our focus this week too, creating twinkle twinkle little star, playing hook a duck for 5 little ducks. There has been lots of singing with everyone taking turns to choose their favorite song.

Next week we will be sending home the Christmas carol song sheet to help with practicing and enjoying carols at home.

### Next term...

**Visiting the Armshouses in Helpston** to sing carols to the residents. 10:30am 18<sup>th</sup> December

**Christmas card post-box** will be open on the 27<sup>th</sup> of November, please post your Christmas cards in the red post box.

**Christmas Church service** - St Botolph's 10:30am Monday 11<sup>th</sup> December

**Helcats Santa** visit - Friday 15<sup>th</sup> December 2.00pm

*Please remember!*

**If your child has an upset tummy, please keep them at home for 48 hours!**

### Roar Stars





We have some amazing prizes in our Christmas Raffle, please look out for the details on Christmas Raffle flyer. Tickets are just £1.00 and all proceeds go to the Playhouse.



**Measles is an infection that spreads very easily and can cause serious problems in some people.**

Measles usually starts with cold-like symptoms, followed by a rash a few days later. Some people may also get small spots in their mouth. The spots of the measles rash are sometimes raised and join together to form blotchy patches. They're not usually itchy.

Measles can spread to others easily so please call your GP surgery before you go in.

**Important:** Stay off nursery, school, or work for at least 4 days from when the rash first appears. Also try to avoid close contact with babies, people who are pregnant and people with weakened immune systems.

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