# Getting dressed and undressed on my own

I can button and unbutton my shirt and use a zip I can put my own socks and shoes on I can change into my PE kit, and my coat school

## Independence

I am happy to be away from my mummy, daddy, or main carer I am happy to tidy my belongings and look after my things

I am feeling confident about starting school

# Routines

I have practised putting on my uniform and getting ready to leave for school on time

I have a good bedtime routine so I'm not feeling tired for school I'm learning to eat at the times I will on school days

#### Eating

I can use a knife and fork I can open my packed lunch on my own I am confident opening packaging

and wrappers

# Self Care

I can wipe my nose I can wash and dry my hands I can ask for help if I don't feel well

# School Readiness

#### Going to the toilet

I can go to the toilet on my own, wipe myself properly and flush

I can wash and dry my hands properly without help

## **Counting skills**

l enjoy practising counting objects

I like saying number rhymes and playing counting games

I can recognise some numbers when they are written down

# Sharing and turn taking

I can share toys and take turns I like playing games with others I like interacting with other children

# Listening and understanding

I am able to sit still and listen for a short while

I can follow instructions I understand the need to follow rules

# Interest in the world and new activities

I enjoy learning about the world around me

I am interested in exploring new activities or environments

I like asking questions

## Speaking and literacy

I like to read stories and look at picture books

I am able to talk about myself, my needs and feelings

I am practising recognising my name when it's written down

Writing skills
I like tracing patterns and colouring
I enjoy making marks
I am practising holding a pencil